


TRAVEL + LEISURE

readers' poll

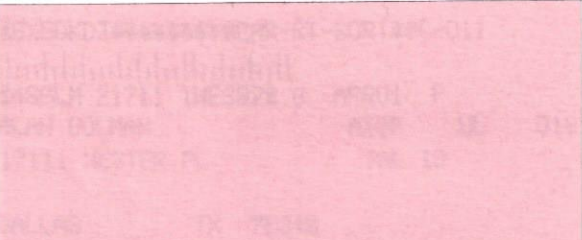
the world's best awards

NEW THIS YEAR: GUIDES TO YOUR FAVORITE DESTINATIONS

SEPTEMBER 2000



resorts
hotels
spas
cities
islands
cruises
outfitters
airlines





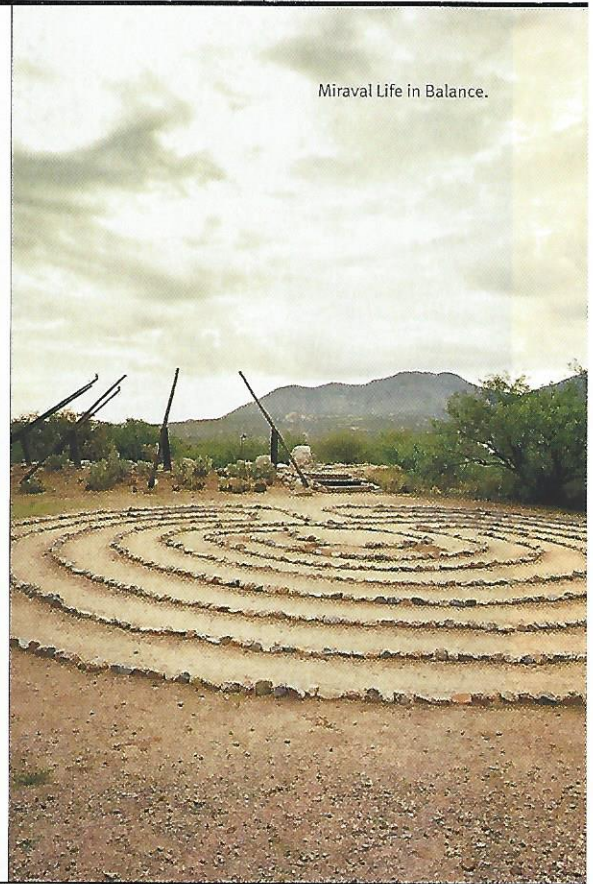
THE TOP 10 SPAS IN THE UNITED STATES

spas

- 1. Canyon Ranch Health Resort, Tucson 84.0
- 2. Miraval Life in Balance, Catalina, Arizona 83.8
- 3. Golden Door, Escondido, California 83.2
- 4. Canyon Ranch in the Berkshires, Lenox, Massachusetts 81.6
- 5. The Greenhouse, Arlington, Texas 80.6
- 6. Ten Thousand Waves, Santa Fe 80.4
- 7. Two Bunch Palms, Desert Hot Springs, California 78.6
- 8. Cal-a-Vie, Vista, California 78.3
- 9. Givenchy Hotel & Spa, Palm Springs, California 77.1
- 10. Lodge at Skylonda, Woodside, California 75.4

HOTEL SPAS

- 1. Four Seasons Resort Hualalai, Hawaii 84.8
- 2. The Greenbrier, White Sulphur Springs, West Virginia 83.3
- 3. The Phoenician, Scottsdale 82.5
- 4. Grand Wailea Resort, Hotel & Spa, Maui 81.7
- 5. Hyatt Regency Kauai Resort & Spa 79.6
- 6. Fisher Island Club Spa Internazionale, Florida 79.4
- 7. American Club, Kohler, Wisconsin 79.3
- 8. Sea Island Spa at the Cloister, Georgia 79.2
- 9. Ojai Valley Inn & Spa, California 78.6
- 10. The Homestead, Hot Springs, Virginia 78.0



Miraval Life in Balance.

THE TOP 10 SPAS ABROAD

spas

- 1. Rancho La Puerta, Tecate, Mexico 84.2
- 2. Clinique La Prairie, Clarens-Montreux, Switzerland 83.0
- 3. Hotel Terme di Saturnia, Saturnia, Italy 80.3
- 4. Les Thermes Marins de Monte Carlo 75.9
- 5. La Source, Grenada 75.5
- 6. Domaine du Royal Club Evian, France 75.4
- 7. Sofitel Thalassa, Quiberon, France 74.3
- 8. Hôtel Les Sources des Alpes, Leukerbad, Switzerland 73.9
- 9. Les Prés d'Eugénie-les-Bains, Eugénie-les-Bains, France 73.9
- 10. Monsummano Terme, Italy 71.8

HOTEL SPAS

- 1. The Oriental, Bangkok 90.4
- 2. Amandari, Bali 88.9
- 3. Four Seasons Resort Bali at Jimbaran Bay 86.9
- 4. Ritz-Carlton, Bali 86.4
- 5. Mandarin Oriental, Hong Kong 85.5
- 6. Four Seasons Resort Bali at Sayan 83.8
- 7. Hôtel Ritz, Paris 82.4
- 8. Brenner's Park-Hotel & Spa, Germany 82.1
- 9. Banyan Tree, Phuket, Thailand 81.9
- 10. Chateau Lake Louise, Lake Louise, Alberta 80.0

SPAS

Literally emerging from a hillside in southeast Austria is **Rogner-Bad Blumau**, a trippy, colorful spa designed by artist Friedensreich Hundertwasser. Its philosophy is uniquely holistic in Europe, which means hot springs, massages using local flowers, and scientific colon-hydro programs, plus avant-garde treatments such as reincarnation therapy and "healing melodies" (bowls are placed on your body and struck while an enormous feather is waved overhead). The apotheosis of New Age.

OTHERS WE LOVE: The **Four Seasons George V** in Paris, for its 90-minute Decléor facial that goes well beyond the face; **Les Sources de Caudalie**, also in France, for its ultra-indulgent jet shower—a lavender-oil rubdown followed by a rinse using a special water wand; Utah's **Green Valley Spa**, for a challenging canyon hike that passes Native American petroglyphs; the Shambhala spa at **Parrot Cay** in the Turks and Caicos, for the most peaceful evening yoga.

EDITORS' PICKS

To help you plan your travels, we've included contact information for all of the World's Best winners and Editors' Picks. The World's Best Address Book begins on page 262.